

ACCESS SOCIAL CARE SUPPORT WHERE YOU LIVE

The face to face hubs will support people to access the service, ensuring they are no longer limited to the telephone or online referral option. No appointment is necessary, and a Social Care Advisor will be available to discuss what is important to those individuals who wish to speak with somebody surrounding their care and support needs.

The information and advice hubs will take place each Wednesday at:

Wilson Centre 10.30am - 4.30pm

Bransholme Health Centre 10.30am - 4.30pm

You can also come and speak with the See and Solve Team at the following community locations, that take place during the month and include:

1ST DAY'S OF THE MONTH

Visit us at

1st Monday of the month	11.30am - 1pm	Vineyard Church, Vulcan Street, Hull HU6 7PS What's on: The Table (free community meal).
1st Tuesday of the month	12noon - 2pm	The Well, River City Church, Mount Retails Park, Hull HU9 2BN What's on: food bank (voucher only), free clothes bank, free hot drinks.
1st Wednesday of the month	11am - 1pm	HU4 Community Hub, 18 Sibelius Road, Hull HU4 7NH What's on: activity session and hot food and drinks.
1st Thursday of the month	1pm - 2.30pm	Christ Church Riverside, Riverside Community Centre, Parkstone Road, HU6 7DE. What's on: 'Drop In'

2ND DAY'S OF THE MONTH

2nd Tuesday of the month	10am - 12noon	Unity in Community, 501 Endike Lane, Hull HU6 8AQ What's on: coffee morning, energy bills workshop, access to learn.
2nd Wednesday of the month	10am - 12noon	Oasis Hub Hull, 310 Newland Avenue, Hull HU5 2NB What's on: open house, hot drinks, toast and games.
2nd Thursday of the month	10.30am - 1pm	Hull Minster, Trinity Square, Hull HU1 1RR What's on: Games, Activities, and chat. Free Tea and Coffee (Free hot food between 12noon and 2pm)
2nd Friday of the month	10am - 12noon	St Phillips Church, Amethyst Road, Hull HU9 4JG What's on: free food community.

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3RD DAY'S OF THE MONTH		Visit us at
3rd Tuesday of the month	12noon - 2pm	Impact Community Café, Kingston Wesley Church, 882 Holderness Road, Hull HU9 3LP What's on: Adult lunch club, 3 course hot meal £3 (food served between 12:00 and 13:30) places are limited to 50, first come first served basis. Food parcels available on request.
3rd Thursday of the month	10am - 2pm	Askew Avenue Methodist Church, Askew Avenue, HU4 6NP What's on: warm space and drop-in

4TH DAY'S OF THE MONTH		
4th Tuesday of the month	10am - 11.30am	Lonsdale Community Community Centre, 8 Lonsdale Street, Hull HU3 6PA What's on: free food bank, community café, recreational activities, training courses, crafts, knit and natter.
4th Wednesday of the month	12noon - 2pm	Connect Community Church, Askew Avenue Methodist Church, Askew Avenue, Hull HU4 6NP What's on: warm space and drop-in, food parcels (small charge), crafts, free drinks and snacks

Please be aware dates, times and places can change.

You can check the Live Well Hull website below for the latest information.

FOR MORE INFORMATION

WWW.LIVEWELLHULL.ORG.UK

